

## **North Shore Gymnastics Excels at the Star of the North Invite**

**St. Paul, MN - October 26, 2025** - North Shore Gymnastics delivered an exceptional performance at the *Star of the North Invite*, hosted by PMG. Across every level of competition, North Shore athletes demonstrated precision, strength, and poise — earning numerous podium finishes and multiple team awards.

The Level 3 team earned First Place Overall, reflecting the depth and consistency of North Shore's youngest competitors. In the Junior A division, Alison Moselle (7, Buffalo) earned top finishes on both Vault and Floor, securing her with 1st place on both events, and an All Around 1st place. In the Junior B division, Olivia Ries (8, Orono) shone on Beam, capturing 3rd place. Rowan Smith (8, Minnetonka) showed up with a big performance on Vault and Floor, earning 1st and 2nd place, respectively. Senior A's shone yet again, with Brooklyn McCoy (8, Independence) having a dominant performance across the board with top-three placements with 3rd on Vault, 2nd on Bars, 2nd on Beam, and 1st on both Floor and All Around. Ella Olson (8, Maple Plain) impressed on Bars with a 3rd place finish and in the All Around with 2nd. Taylor Merz (8, Orono) stood out with podium finishes on Vault with 1st, Floor 2nd, and All Around 3rd. Hadley Hannay (8, Maple Plain) displayed beautiful execution on Beam, earning her 1st place and 2nd on Floor. Nirvi Gandhi (8, Plymouth) excelled on Bars, taking 1st place. Rounding out the Level 3 success, Kora Bennett (11, New Hope) in the Senior B division swept several events, finishing 1st on Vault, Bars, and All Around, and 2nd on Beam.

At Level 4, North Shore once again captured the First Place Team Award after a series of remarkable routines. In the Junior division, Joey Wood (8, Independence) earned top finishes on Bars (1st), Floor (2nd), and All Around (1st). Sloane Svobodny (8, Mound) delivered a strong performance on Beam, taking 1st, and added a 3rd on Floor. Kendall Matson (10, Waverly) placed 3rd on Beam with a confident routine. The Seniors had impressive performances with Lydia Emery (10, Brooklyn Park) earning a 1st on Bars and 3rd in the All Around, while Gemma Johnski (11, Minnetrista) achieved 3rd on Bars. The team's technical precision and composure secured another sweeping victory for North Shore.

The Level 5 team took home the Second Place Team Award, powered by outstanding individual performances. Junior, Chachi Denniston (8, Maple Plain) led the charge with 1st place finishes on Vault, Floor, and All Around, along with 2nd place on Bars and Beam. The Seniors rounded out the team effort with Alexis Pohl (14, Corcoran) earning 2nd on Vault and 1st on Bars, showcasing both power and finesse. Kate Snaza (11, Mound) contributed to the team's success with a 3rd-place finish on Bars. Together, their efforts reinforced North Shore's tradition of excellence at this advanced level.

Finally, the Xcel Silver athletes closed the meet with impressive results and poise. Junior, Brielle Gullikson (8, Mound) earned 2nd on Bars and 3rd on Beam. Senior, Soren Metzler (10, Montrose) captured 1st on Vault, while Emilia Runions (10, Orono) added a 3rd on Vault. Their success capped a day filled with achievement and pride for North Shore Gymnastics.

Overall, North Shore Gymnastics' results at the Star of the North Invite showcased the program's dedication to excellence, discipline, and teamwork. From Level 3 through Xcel Silver, every athlete's performance reflected the strength and spirit of North Shore's competitive program.

North Shore Gymnastics Association, Orono, was founded in 1974 and is a 501c3 non-profit organization. It is the club's purpose to acquaint children at all levels of physical ability, potential, and growth with the sport of gymnastics in an atmosphere of safe, fun, positive learning and to help each child develop gymnastics skills, good sportsmanship, and discipline. For more information please call (763) 479-3189 or visit us at [www.northshoregym.org](http://www.northshoregym.org).