



Gymnastics ♦ Obstacle Warrior ♦ Strength Training

Emerge Academy Invitational

[Home](#) [Registration](#) [Hotels and Area Info](#) [Meet Info](#) [Sponsorship](#)

Map and Schedule

Contact: Christy Daniels - Meet Director
lowagyminvite@gmail.com

Schedule:

Saturday, January 11:

Session 1: Levels 6-8

Session 2: Level 10

Session 3: GymACT and Level 9

Sunday, January 12:

Session 4: Levels 3-4

Session 5: Level 5

Admissions:

Cash Only! NO ATM at the venue.

Adults & Students: \$20

Seniors & Veterans: \$15

Children 12 and Under: FREE

Be Sure to check out our
local sponsors while you're
in town [Sponsors](#)

Location:

MidAmerican Energy Complex

RecPlex

6500 Grand Ave

West Des Moines, IA 50266

Meet Flyer

