

2024 Compulsory & XCEL MN State Championships

FRIDAY BLUE GYM

Session	XCEL Bronze Ages	Stretch	March In	Warm Up
1B (XB)	ChC, ChD, JrB, JrG	8:00am	8:20am	8:30am
2B (XB)	ChA, JrC, SrD	11:15am	11:25am	11:35am
3B (XB)	ChG, JrD, SrA, SrG	2:05pm	2:25pm	2:35pm
4B (XB)	ChE, JrF, SrC	5:20pm	5:40pm	5:50pm

FRIDAY RED GYM

Session	Level 5/XB Ages	Stretch	March In	Warm Up
1R (L5)	JrA, JrB, SrB	1:20pm	1:40pm	1:50pm
2R (L5)	JrC, SrA, SrC	5:20pm	5:40pm	5:50pm

SATURDAY BLUE GYM

Session	XCEL B & S Ages	Stretch	March In	Warm Up
5B (XB)	ChB, ChF, SrE, SrF	8:00am	8:20am	8:30am
6B (XB)	JrA, JrE, SrB	11:15am	11:35am	11:45am
7B (XS)	ChG, JrA, JrG, SrC	2:00pm	2:20pm	2:30pm
8B (XS)	ChD, JrH, SrD, SrH	5:40pm	6:00pm	6:10pm

SATURDAY RED GYM

Session	Level 4 Ages	Stretch	March In	Warm Up
3R (L4)	ChA, ChC, JrC, SrB	8:00am	8:20am	8:30am
4R (L4)	ChD, JrA, JrB, SrD	12:45pm	1:05pm	1:15pm
5R (L4)	ChB, JrD, SrA, SrC	5:40pm	6:00pm	6:10pm

SUNDAY BLUE GYM

Session	XCEL Silver Ages	Stretch	March In	Warm Up
9B (XS)	ChA, ChH, JrC, JrF	8:00am	8:20am	8:30am
10B (XS)	ChB, ChC, ChE, SrG	11:40am	12:00am	12:10pm
11B (XS)	ChF, JrB, JrE, SrA	3:10pm	3:30pm	3:40pm
12B (XS)	JrD, SrB, SrE, SrF	6:50pm	7:10pm	7:20pm

SUNDAY RED GYM

Session	Level 3 Ages	Stretch	March In	Warm Up
6R (L3)	ChC, ChD, JrD, SrD	8:00am	8:20am	8:30am
7R (L3)	JrA, JrE, SrA, SrC	11:40am	12:00am	12:10pm
8R (L3)	ChA, ChE, JrC, SrB	3:10pm	3:30pm	3:40pm
9R (L3)	ChB, JrB, SrE	6:50pm	7:10pm	7:20pm