

NSPO Meeting Minutes

November 11, 2024 - 6:45PM

Meeting called to order: 6:46pm

Welcome

Rollcall:

VALORIE ROSHA Optional Group 2

Rachel Fogle

Kelly Matson

Charlie Eng (parent rep for boys level 3 & 4)

Nicole Kochar Xcel Gold

Erica Beneke-Perez

Krissi Green - Group 1 girls

Ferenc Toth boys 5/6

Danielle Johnson (Girls Xcel Platinum/Diamond)

Carrie Thelen - President

Heidi Corradi - Secretary

Competitive Teams

- December 7th - Saturday - **Team Picture Day**. Arrive on time, dressed and ready to go!
 - Link to register your athlete(s) & be notified when photos are available for purchase:
https://www.sportslinphotography.com/photo-day-galleries/north_shore_gymnastics/2024-25-north-shore-gymnastic

Girls Teams	
TEAM	TIME
Xcel Silver	12:00
Level 3	12:35
<i>Boys Teams finishing</i>	
Developmental-1	1:30
Developmental-2	1:50
Xcel Gold	2:10
Super Stars	2:35
Hot Shots	2:45
Training Team	2:55
Level 4	3:15
Xcel Plat-Diamond	3:30

Boys Teams	
TEAM	TIME
Boys 5-8	12:35
Boys 7-10	12:40
Boys 3	12:55
Boys 4	1:05

- Photo Day Flyer: [NSGA Photo Day - Dec 7th-2.pdf](#)

- Question about whether to wear warmups or leotards, should just wear leotards, no warmups needed.
- Question on sibling photo - can that be done? Yes? Buddy shots can be done at any of the times
- NSGA #1zie interest? <https://www.number1zie.com/online-store/MN-Schools-1zie-p152857252>

Team reps to gage interest from parents and girls. Would be around \$100. Would need to know in a week.

- Boys:
 - December 8th - Boys Kickoff Meet at the Orono Activities Center.
 - All levels compete
- Girls:
 - Level 3-4, Xcel Silver - NSPO Rep update on competitive season, team progress, events, etc.
Reps provided updates on their team updates.
Level 4's undefeated until candy land. Level 3 has a great season so far.
Silvers have done great, received 2nd place at candyland and had their first lunch gathering after the meet.
Knee high turkey socks this year for turkey tumble
 - November 23-24, 2024 - Turkey Tumble: Westonka High School

- Level 3-4, Xcel Silver Compete and one brand new level 5 competing that just moved up. Competing rest of season as level 5, practicing with level 4s.
 - November 23 - Champions Edge Workshop at NSGA
 - Confidence & Performance Clinic, 3:30-7:30 - if interested, please sign up as soon as possible.
 - Athletes must be in 5th grade or higher
 - [SKM_C450i24102510210.pdf](#)
 - December 20th - Girls Optional Mock Meet @ NSGA
 - Girls Travel Meets
 - January 17-20, 2025 - Windy City Invite: Chicago, IL
 - Emailed a week ago a tentative schedule. Monday session for level 6's. Monday morning, or second session monday. Should be done by 2:00pm.
 - One option being talked about, taking the amtrak train to the meet. Another option to consider.
 - All Levels compete
 - The meet host has put out a TENTATIVE schedule. This schedule is telling us what day each level will compete. If you are looking at flying, you can base your flights on this:

Friday, 1/17	Saturday, 1/18	Sunday, 1/19	Monday, 1/20
Level 9	Level 3	Level 4	Level 6
Level 10	Level 7	Level 5	
Xcel Gold	Xcel Platinum	Level 8	
Womens Collegiate Meet	Mens Collegiate Meet	Xcel Silver	
		Xcel Diamond	
		Xcel Sapphire	

- All information can be found at: <https://www.windycitygymnastics.com/>
 - Meet host is offering a pre-sale for competition leo, found here: [Windy City Leo Order.pdf](#); (optional) - \$55 if purchased by Nov 21, \$70 at the meet
 - A group hotel block has been arranged at the Marriott - Magnificent Mile
 - Use this link to make your reservation: <https://book.passkey.com/e/50928419>
 - See this link for information about parking: [2024_Special_Event_Parking_Information.pdf](#)
 - Reservation cut off is **Dec. 4th**
 - You can choose to stay at the hotel or stay someplace else. Travel to Chicago is on your own.
 - February 14-16, 2025 - Motorcycle Classic: Milwaukee, WI
 - Level 6-10 compete

- Hotel block will be arranged once we know how many athletes will be attending the competition. You can choose to stay at the hotel or stay someplace else. Travel to Milwaukee is on your own.
- February 28 - March 2, 2025 - Kupets Pink Meet: Savannah, GA
 - Level 6-10 and Xcel Gold-Sapphire compete
 - It is recommended that families book airfare for Thursday Feb. 27th to Monday March 3rd.
 - Here is a link to the meet hosts website:
<https://www.ckpinkinvitational.com>
- Travel to Savannah and lodging is on your own (make reservations where it works best for you).
 - Options: Hotels, VRBO/Airbnb (If a few families join together, a house can be cheaper than a hotel.)
 - Tybee Island is about a 20 minute drive to the convention center and it's a barrier island.
 - Near the Convention Center

Volunteer Opportunities

- Turkey Tumble (November 23-24, 2024) - Westonka High School
 - Sign-ups Closed - they did take additional names as backup
- Boys Kickoff Meet (December 8, 2024) - Orono Activities Center.
 - Sign-ups - Tuesday, 11/12 at 10am.
 - This meet is a smaller meet and there are only a handful of spots available. Sign ups limited to just **ONE PER FAMILY**.

NSGA Slide Show

Reminder to take photos all year and immediately send them to nsgasideshow@gmail.com of teams, individual and fun group shots. Don't wait until banquet. Send photos right away.

- Include your athlete's name & level in the email

Fundraisers

- Wreaths/Poinsettias

38 families participating

Come up with set amount for each item. Before it was a percentage. Simplified things and made it smoother this year.

- Volunteer Chairs: Rachel Fogel & Ann Martin
- Recap of fundraiser
- **November 20th - Delivery/Pick-up**

- ***** MUST BE PICKED UP between 4:00 - 7:00pm *****

- Greenery will be placed outside for pickup and poinsettia will be inside. Poinsettia must be picked up because North Shore cannot store them
- Ongoing
 - Raise Right - Earn ITFs!
 - Great day to earn extra money for stores you are planning on going to anyways, or gift cards you are planning on buying.
 - Full details are available at the NSGA website <https://northshoregym.org/scrip-program/>
 - Raise Right Order Due Dates
 - Every other Monday by 12:00pm
 - Physical card pick up Thursday after the order date
 - Questions: Theresa Vajgrt Tvajgrt@northshoregym.org
 - Tumbler Trak - www.tumblertrak.com
 - For each purchase made, 10% will go back to the gym to use towards new equipment.
 - Use referral code NORTSHORE when checking out.

NSGA Events

- Kids Night Out - Spooktacular - Big success. 150 kids participated. Haunted house was amazing. Put up in a day and took down in an evening.
- Glow Party - January 24, 7:30-10pm - add to your calendar. Instead of haunted house more minute to win it games.
- Open Gym:
 - Friday Night 7:45-9pm, ages 5+
 - Preschool - Mondays & Thursdays 11am-12pm

Next Meeting: Dec. 9th @ 6:45pm (always the 2nd Monday of the month)

Open for Questions

Question on Gopher Invite and if Silvers are Competing: Ryan is getting clarification and will follow up with silver parents.

Meeting Adjourned: 7:20pm