

NSPO Meeting Minutes

October 14th, 2024 - 6:45PM

Welcome & Introductions

- What is your gymnast's name & current level.
- What people & pets live in your house?
- Attendance:
 - Carrie Thelen - President
 - Ferenc Toth
 - Charlie Eng
 - Janna Berg
 - Toni Guidarelli
 - Nichole Kochar
 - Valorie Rosha
 - Rachel Fogle
 - Kelly Matson
 - Emily Barten
 - Ryan Rohloff - Director
 - Heidi Corradi - Secretary

NSPO Rep Responsibilities: <https://northshoregym.org/nspo-volunteer/>

- Overview on where to find NSPO rep responsibilities and links
- Make sure parent reps are communicating back to their teams
- Coordinate a post state dinner - does not have to be at your house
- Travel meets - coordinate team dinner at least once
- Meetings October through May
- Question: Can parent reps find a replacement if needed, yes.

Competitive Teams

- Boys:
 - Uniforms have all been ordered, hopefully get them by end of November
 - We will have new backpacks for the season & they have also been ordered
 - December 8th - Boys Kickoff Meet at the Orono Activities Center.
 - All levels compete
 - We will have equipment set up on 12/7
 - More details later
 - October 26-27 - Region 2 clinic at Mini Hops.
 - Ian Laughlin will compete on Friday the 26th as part of the Region 2 ETC program.
 - Level 5-10 have clinic October 27 (9:00-3:00).
- Girls:
 - November 23-24, 2024 - Turkey Tumble: Westonka High School
 - Level 3-4, Xcel Silver Compete
 - Meet notification will be sent out in early November
 - Travel Meets

- January 17-20, 2025 - Windy City Invite: Chicago, IL
 - All Levels compete
 - Meet host is offering a pre-sale for competition leo, found here: [Windy City Leo Order.pdf](#); This is optional and up to you if you want to order your gymnast(s) a leo.
 - Families that are registered for this meet, will be charged for coaches travel. **More info later**
 - Hotel block will be arranged once we know how many athletes will be attending the competition. You can choose to stay at the hotel or stay someplace else. Travel to Chicago is on your own.
 - **Ryan provided updates:**
 - Tentative schedule mid october - getting more information
 - 100 rooms - meet brings in roughly 4000 athletes
 - may have to look at a couple different options. Deciding if first come first serve or split by program
- February 14-16, 2025 - Motorcycle Classic: Milwaukee, WI
 - Level 6-10 compete
 - Hotel block will be arranged once we know how many athletes will be attending the competition. You can choose to stay at the hotel or stay someplace else. Travel to Milwaukee is on your own.
- February 28 - March 2, 2025 - Kupets Pink Meet: Savannah, GA
 - Level 6-10 and Xcel Gold-Sapphire compete
 - It is recommended that families book airfare for Thursday Feb. 27th to Monday March 3rd.
 - Here is a link to the meet hosts website: <https://www.ckpinkinvitational.com>
 - Travel to Savannah and lodging is on your own (make reservations where it works best for you).
 - Options: Hotels, VRBO/Airbnb (If a few families join together, a house can be cheaper than a hotel.)
 - Tybee Island is about a 20 minute drive to the convention center and it's a barrier island.
 - You can also look for a place near the convention center too.
- Travel Budget:
 - Once we know the Chicago competition schedule, Ryan will work on the all gym Coaches Travel Budget. The costs for staff travel will be charged to your accounts in February. You will also have the option to split the Travel Fees over 3 months. We aim for travel costs to be the following each year:
 - 1 Travel Meet: \$150 (Levels 3, 4, and Xcel Silver)
 - 2 Travel Meets: \$250
 - 3 Travel Meets: \$350 (Level 6-10 and Xcel Gold-Sapphire)
 - **Ryan Updated:** This information does not have boys info broken out - Ryan has to check with Dale. The cost gets spread across ALL teams. Just split based on the number of meets.

Meet Info on the NSGA Website

- Once Ryan gets the details for each meet, he will still send an email and ALSO put it on the NSGA website.
- Reminder: to get into this page (<https://northshoregym.org/team-schedules/>), you will need the password of NSGATEAM and then it will go to a blank screen, go back to the login page and enter the password again and you should be able to get in. **Meet info on this website. Password is all capitals and no space.**

Volunteer Opportunities

- Turkey Tumble (November 23-24, 2024) - Westonka High School
 - Sign-ups will be emailed out in the next few weeks
 - **Volunteer change - going forward only allow one sign up for all meets at first, and then may possibly open up for more sessions after a couple days**
 - You will receive an email in advance, letting everyone know when the volunteer sign-up email will be sent out.
- Boys Kickoff Meet (December 8, 2024) - Orono Activities Center.
 - We will have equipment set up on 12/7
 - More details later

NSGA Slide Show

Reminder to take photos all year and immediately send them to nsgasideshow@gmail.com

- Take photos of teams, individual and fun group shots - **all photos welcome. Send photos sooner the better. Please include names.**
- Include your athlete's name & level in the email

Fundraisers

- Heggies Pizza Recap
 - Volunteer Chairs: Katie Parks & Emily Tschimperle
 - Sold a total of 1164 pizzas (LY sold 1692 pizzas)
 - At \$4 a pizza, collectively families will be receiving \$4,728 in ITFs.
 - 40 families participated.
 - Asked for one check per family when turning in orders and that was a HUGE time saver. Highly recommend other fundraisers do the same, if they are not already.
- Upcoming
 - Wreaths/Poinsettias - **Email went out today.**
 - Volunteer Chairs: Rachel Fogel & Ann Martin
 - Timing of the fundraiser is earlier this year, to enable the items to be delivered before Thanksgiving. Plus this timing gives us the opportunity to sell hopefully before other organizations do their sales (Boy scouts).
 - More information sent to families soon!
 - Orders will be due November 1, with delivery the week before Thanksgiving
 - **About 20% goes into ITF**
 - **All fundraisers are now one check per family**

- Ongoing
 - Raise Right - Earn ITFs! **When you purchase gift cards, money comes through to your ITFS**
 - Full details are available at the NSGA website
<https://northshoregym.org/scrip-program/>
 - Raise Right Order Due Dates
 - Every other Monday by 12:00pm
 - Physical card pick up Thursday after the order date
 - Questions: Theresa Vajgrt Tvajgrt@northshoregym.org
 - Tumb! Trak - www.tumb!trak.com
 - For each purchase made, 10% will go back to the gym to use towards new equipment.
 - Use referral code NORTHSHORE when checking out.

Upcoming NSGA Events

- Kids Night Out - Spooktacular - **haunted house, pizza**
 - 10/25 (Friday), 7:30pm – 10:00pm
 - Cost: \$55 online registration. \$65 in-person (if space is available)
 - **Silvers have a meet the next morning - Heather is sending an email about a discounted rate for earlier end time for those competing the next morning.**
- Open Gym:
 - Friday Night 7:45-9pm, ages 5+
 - Preschool - Mondays & Thursdays 11am-12pm

Dates to remember

- 12/7 - Saturday - Team Picture Day. Pictures will be taken between 12:00pm-4:00pm (detailed schedule coming soon)
- 12/20 - Girls Optional Mock Meet @ NSGA
- **Xcel gold-diamond - mock meet Saturday, December 21st during their regular practice times.**

Next Meeting: Nov. 11th @ 6:45pm (always the 2nd Monday of the month)

Open for Questions

- **How do I see how much money I have in my ITFs and how many volunteer sessions I've completed?**
 - **Reference the Team Family Resources General Info & ITFs section of the NSGA website for steps on how to view this information:**
<https://northshoregym.org/general-info/>