

Volunteer Requirements

As a non-profit organization, North Shore Gymnastics Association relies heavily on Team Families to help NSGA and our teams run smoothly, host flawless gymnastics meets, raise funds and share and celebrate our athletes' accomplishments. This support is given through Volunteer requirements.

2024/2025 PARENT VOLUNTEER REQUIREMENTS

- Team Families are required to complete TWO set up/tear downs in 2024/2025.
 - For each set up/tear down not completed, a charge of \$125 will be assessed.
 - Note: 1 Set-up/Tear-Down is equivalent to approximately 2 hours.
- Families are required to complete 4 Volunteer Sessions. This can be completed by working at any of our regular NSGA hosted Meets or by volunteering for other opportunities.
 - For each session not completed, a charge of \$140 will be assessed.
 - Note: 1 Volunteer Session is equivalent to approximately 4 hours.
- Families are responsible for completing or paying for all volunteer requirements once the Meet Season begins in September, regardless of team enrollment status.
- Families will be charged the fee per Session/Set-up/Tear Down if they “no show” their signed up commitments.
- In September we will be communicating with all families, and if they choose to not participate in doing any volunteer sessions, we will be billing for the total volunteer sessions. Doing this will help us plan for how many volunteer sessions we will need to cover in other ways.

Volunteer Opportunities Include:

- Work at NSGA Hosted Gymnastics Meets
- Set up and/or Tear down Gymnastics Equipment at a NSGA Hosted Gymnastics Meets
- Lead the NSPO via the Executive Board (selected by NSGA Directors)
- Lead your Team via a Team Representative
- Lead a NSPO Fundraiser
- Write Newspaper Articles about each Gymnastics Meet
- Organize the End of Year Team Banquet
- Create the Team Banquet Slideshow

Signing Up for Volunteer Opportunities

- Sign up sheets will be available at the Parent Team Meeting.
- Please sign up for any areas you have interest in volunteering.
- The NSPO will work with NSGA to ensure we have positions filled with volunteers who fit the necessary criteria for the role requested.
- We will notify all volunteers of the positions they will be in by July 1.
- Once you sign-up for a volunteer slot/item, you are responsible for completing the claimed task. If you are unable to fulfill your task, you must find a replacement.

- If you sign up to work at a NSGA hosted meet, fail to show up to the meet and do not complete your claimed item/task, you will immediately be charged the fees related to the incomplete task. This will then count towards your total requirements completed (\$125 for each incomplete set-up/tear-down and \$140 for each incomplete session).
- All incomplete volunteer requirement fees will be charged to Team Family accounts at the completion of the hosted meet season.